



Thank you for entrusting the care of you and your loved ones to us during this unprecedented time.

Our patients represent many different demographics, ages, and health concerns. We love having such a diverse patient population, and it requires us to be extremely cautious in order to provide a safe clinical environment for you all.

Some of the safety measure we have in place as a response to the COVID-19 pandemic include but are not limited to:

- Taking the temperature daily of all people entering our practice. This includes all staff, patients, necessary maintenance people, and delivery people. If a person has a temperature higher than 100.3 they are asked to exit the building immediately.
- Asking all patients who have on site appointments to complete a COVID-19 screening form prior to entering our building in order to identify those who are at high risk if exposed, and those who should be rescheduled due to their symptoms or recent travel activity.
- Requiring all patients arriving for onsite appointments to call or text us from our parking lot prior to entering our practice. This enables us to maintain a low volume of people in our reception area and allow for proper distancing.
- Requiring all people who enter the practice to wear a mask and disinfect their hands.
- Using cleaning products that are on the EPA's List N, which meet criteria for use against SARS-CoV-2, the virus that causes COVID-19.
- Cleaning high-touch surfaces at our entrance, reception, patient bathroom, and exit at least every two hours.
- Scheduling a lower than normal volume of patients each day to allow for proper precautions.
- Thoroughly cleaning each exam room between patients, allowing for the proper dwell time of our cleaning chemicals in order to thoroughly disinfect surfaces.
- Directing patient traffic one-way through our building to avoid close contact between patients. Therefore, completing the check-out process over the phone following an appointment rather than the patient re-visiting our reception area.

We strictly follow the Vermont State Guidelines for travel into our State when scheduling appointments for our patients who live outside of Vermont, or patients who have travelled out of the State recently. The guidelines for the State can be found here: <https://accd.vermont.gov/covid-19/restart/cross-state-travel>.

In summary the current guidelines are as follows:

- If you are traveling from a yellow or red county, or have visited a yellow or red county in the past 14 days, we ask that you quarantine for 14 days prior to your appointment, or quarantine for 7 days followed by a negative COVID test. Then, travel in your personal vehicle to our location limiting exposure during travel. The VT State COVID travel map is updated weekly on Tuesdays.

We firmly believe that by coming together in support of the safety for all we will be able to continue to navigate the COVID-19 environment safely while supporting our patients.